NEWS LETTER OF RCJPS NEWS LETTER OF RCJPS

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VOLUME: XIV ISSUE: 08 & 09 JANUARY - FEBRUARY 2020

FROM THE PRINCIPAL'S DESK

Exciting times are soon to come as the academic year ends and the holidays begin. Vacations are a period of rejuvenating for both body and mind. You get to retrospect on the year that has sped by and view yourself impartially to see whether you are becoming what you and your parents want you to be, physically, mentally, emotionally and spiritually.

It is the right time to set health goals for yourself. This could include eating right and exercising. The fun way to do that could be learning a new sport or even just playing with friends when time and weather permit.

One requires to note how those small habits have crept up on us, like gossiping. As His Holiness, the Pope has rightly advocated in his Lent message, our character is reflected in our behaviour with people. Many smile at others and then criticize and destroy them with their tongue at the back. This could be corrected by praying for those whom you wish to criticize. One unique but effective tip the Pope suggested is biting your tongue hard when you want to speak ill of others as this will cause the tongue to swell and render you painfully speechless for a while. I wouldn't advise this for the little ones; but it means you should engage yourself in positive ways and avoid talking ill of people.

This is the best time to go to the library and catch up on all the reading that you don't get time for during school-days. Learn a new subject, work on your weak areas or simply read whatever you can get your hands on. It is the best stimulant for your mental health.

It is easy to fritter away your time in worthless pursuits. Instead set yourself short-term goals in any hobby or project you are interested in. Be micro-ambitious, putting your head down to work with pride at whatever is in front of you, however small it might be.

Finally, be demonstrative and generous in the love you display for the world you inhabit, your family, your teachers, your friends and of course to God.

Celebrating Easter, the resurrection of Jesus will be seen more beautiful if you are willing to be a new You.

Happy Holidays. God bless you!



Mrs. Saji Varghese Principal



ANNUAL DAY CELEBRATIONS



Rev. Dr. Jose Kuriedath CMI presided over the Annual Day Celebrations on 24 January. Principal, Mrs. Saji Varghese, presented the Annual Report, highlighting the School's achievements through the year. Rev. Fr. Augustine Mampilly CMI and Mrs. Charmine Libera also graced the occasion. Noted cine actor Asif Ali was the guest of the day. Prizes were awarded to students who brought laurels to the school. As a gesture of generosity, medical and financial aid was offered to those in need of it. A glittering variety entertainment followed the inaugural ceremony.

EXCITING STEPS INTO THE FUTURE

Graduation...the culmination of school-life



Dr. J. Letha (Pro Vice Chancellor, Jain University Kochi Campus) inaugurated the Graduation Ceremony of Class XII on Jan 23 2020, in CAAS in the presence of Rev. Fr. Augustine Mampilly and Mrs. Saji Varghese. The Chief Guest presented a very realistic picture of life in her address. She extolled the students to be aware of their attributes and be ready to change their survival tactics in order to achieve their goals. PTA President, Dr. Tiju S. Thomas (Class XII PTA representative) also spoke. Neha Kuriachan (Head-girl 2019) delivered the Valedictory Address.

ANNUAL DAY 2019-20







KATINA ANN JEETHU (BEST OUT-GOING STUDENT)

Katina Ann Jeethu (Associate Head-Girl) was the proud recipient of the Best Out-going Student of the Year Award (2018-19). Katina excelled in academics, co-curricular and extra-curricular activities. Prompt, punctual and cheerful, she was a leader who led from the front.



KARUNYAM AN INITIATIVE BY CLASS XI STUDENTS TO SUPPORT THE POOR AND THE NEEDY, HAS SUCCESSFULLY COMPLETED 9 YEARS OF CHARITABLE SERVICE.



Financial Aid given to the SABS sisters for AIDS patients.



Medical support given to liver-disease patients



Financial Aid to the Rajagiri Social Outreach Programme



Financial Aid given for the constructing of a house















SPORTS DAY - JUNIOR & SENIOR





















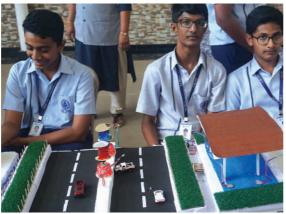




Students participated with great enthusiasm in the events held on Sports Day. The Primary performed colourful displays. The March pasts were impressive. There was stiff competition to reach the top spot. Blue House emerged victorious and Yellow House took the second place.

THE SCIENCE EXHIBITION





PRECAUTIONS AGAINST CORONA VIRUS

The spread of Corona Virus can be avoided by taking the following preventive measures:

- Always cover your mouth with a handkerchief or tissue while coughing or sneezing.
- Wash your hands with soap frequently or use hand sanitisers.
- Avoid touching your eyes, nose and mouth.
- Keep at least one meter distance from others.
- Avoid close contact with anyone with cough, fever or difficulty with breathing.
- Avoid crowding on the corridors and in wash rooms.
- If required visit nearest health facility or contact helpline - 01123978046

INTERNATIONAL LIFESKILLS SUMMIT, NEW DELHI



The RCJPS team, which comprised of Anjali Menon, Andrea Neeta Anto, Neha Vikram, Elvina Ann Charly and Alka Bala bagged prizes for the best "Global Health Exhibition', for painting and in the Youth Parliament. The effort that went into the RCJPS exhibit was much applauded by guests and competing schools. The summit provided us with the much needed insight on how to enrich the life skills paradigm and prepare ourselves for the tumultuous walk of life that lies ahead. It was truly a once-in-a-lifetime experience that we will cherish for the rest of our lives.

Elvina Ann Charly XIB

GRADUATION 2019-20























Blessed is the one who reads the words of his prophecy. Blessed are those who hear it and think everything it says is important. The time when these things will come true is near. - Revelation1:3

Sometimes God tells people about the future. We can learn more about God's plans this way.

God talked to John .He blessed John with a special message about his coming. John was told to write down every word he heard and about everything he saw. And he did! The book of Revelation tells us about what will happen when Jesus comes for us again. Help me to understand your plan better.

